



Major in Physical Education, B.S.

2017-2018

Additional Sources of Information

WEBSITE:

www.swau.edu

DEPARTMENT CONTACTS:

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The mission of Southwestern Adventist University's Department of Kinesiology is to promote lifetime physical activity and healthy lifestyle for all students at the university; it further seeks to prepare kinesiology majors for a variety of careers by fostering the knowledge and skills needed to be successful in the field. All this is done in a Christ-centered environment shaped by Seventh-day Adventist and Christian values. In addition, the Kinesiology department focuses on the development of the whole student. The integration of the physical, mental, and spiritual powers within the curriculum, instruction, and activity are paramount to the program. We seek to prepare students for success in their chosen professional careers by developing critical thinking, communication, and analytical skills. Of special concern is the development of an understanding and respect for God's amazing creation, the human body.

Job Market

Students may elect courses that prepare them for careers as elementary or secondary physical education teachers. A major in Physical Education will also prepare the student for a career in the public or private sector of recreation or coaching.

Job Outlook

Employment of high school teachers is expected to grow by 7 percent from 2010 to 2020, slower than the average for all occupations. Overall growth is expected due to declines in student-to-teacher ratios and increases in enrollment. However, employment growth will vary by region.

Employment of coaches and scouts is expected to grow 29 percent from 2010 to 2020, much faster than the average for all occupations. Those who are state-certified to teach academic subjects are likely to have the best prospects for getting coaching and instructor jobs in elementary, middle, and high schools. The need to replace coaches who change occupations or leave the labor force also will provide some jobs. Very strong competition is expected for jobs at the college or professional level.

Earnings

The median annual wage of high school teachers was \$53,230 in May 2010. The median annual wage of coaches and scouts was \$28,340 in May 2010.

Educational Qualifications:

While majoring in a content area, future teachers enroll in the teacher preparation program and take classes in education and child psychology. Teacher preparation programs instruct how to present information to students and how to work with students of varying abilities and backgrounds. The program includes fieldwork, such as student teaching. Some states require high school teachers to earn a master's degree after earning their teaching certification. All states require teachers in public schools to be licensed.

General Education Requirements:

To view general education requirements for this major please visit catalog.swau.edu/Undergraduate/2017-2018.





KINESIOLOGY CORE CURRICULUM

KINT 110	Fundamentals of Kinesiology.....	3
KINT 201	Introduction to Kinesiology Research	1
KINT 241	Care and Prevention of Athletic Injuries	3
KINT 310	Motor Learning.....	3
KINT 321	Exercise Physiology	3
KINT 331	Biomechanics	3
KINT 490	Senior Seminar.....	1

TOTAL: 20

KINT 132	Officiating II	2
KINT 231	Professional Activities I.....	3
KINT 232	Professional Activities II	3
KINT 233	Professional Activities III.....	3
KINT 351	Coaching.....	3
KINT 420	Adapted Physical Education.....	3
KINT 431	Physical Education Methods (K-12)	3
KINT 450	Administration of Kinesiology	3

TOTAL: 26

PHYSICAL EDUCATION CONCENTRATION

KINA 115	Resistance Training OR	
KINA 215	Advanced Resistance Training.....	1
KINT 131	Officiating I.....	2

REQUIRED COGNATES:

BIOL 101	Anatomy and Physiology.....	4
BIOL 102	Anatomy and Physiology.....	4

SAMPLE FOUR-YEAR SCHEDULE

	FIRST SEMESTER	SECOND SEMESTER
<i>First Year</i>	KINT 110—Fundamentals of Kinesiology3 UNIV 111—Wellness for Life2 MATH 110—Mathematics3 BIOL 101—Anatomy and Physiology4 ENGL 121—Freshmen Composition.....3 KINA 115 (or KINA 215)—Resistance Training.....1 TOTAL16	KINT 131—Officiating I2 History Elective3 RELT 101—Christian Beliefs3 Computer Application Elective3 BIOL 102—Anatomy and Physiology4 TOTAL15
<i>Second Year</i>	KINT 232—Professional Activities II.....3 KINT 241—Care and Prevention of Athletic Injuries3 ENGL 220—Research Writing.....3 RELT 201—Bible Studies Methods3 KINT 132—Officiating II2 Physical Science Elective.....4 TOTAL18	KINT 201—Introduction to Kinesiology Research1 KINT 231—Professional Activities I.....3 KINT 351—Coaching3 RELH 230—History of the SDA Church.....3 History Elective3 Communication Elective3 TOTAL16
<i>Third Year</i>	KINT 233—Professional Activities III.....3 KINT 310—Motor Learning.....3 KINT 450—Administration of Kinesiology3 PSYC 220—Human Growth & Development.....3 EDUC 312—Educational Psychology3 EDUC 385—Philosophy of Education3 TOTAL18	KINT 331—Biomechanics3 Religion Elective (upper division)3 EDUC 326—Exceptional Children3 EDUC 350—Educational Technology3 EDUC 322—Adolescent Psychology3 Fine Arts Elective3 TOTAL18
<i>Fourth Year</i>	KINT 321—Exercise Physiology.....3 KINT 420—Adapted Physical Education3 KINT 431—PE Methods3 EDUC 418—Legal & Philosophical Foundations.....3 EDUC 450—Teaching in Secondary School3 EDUC 496—TExES Prep #2- Pedagogy & Prof Responsibilities0 Literature Elective3 TOTAL18	KINT 490—Senior Seminar1 EDUC 434—Classroom Assessment3 EDUC 436—Classroom Management.....3 EDUC 485—Directed Student Teaching6 TOTAL13